

## Thunderbird Dance Camp Medical Release Form

Office Use Only Room # _____ Key Deposit: _____
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Name:	
Address:	
City, State, Zip:	
Phone:	
School/Coach:	
Emergency phone #1&2:	
Insurance Co.:	
Doctor:	
Dr. Phone:	
Medical Problems/Allergies	

**RELEASE OF ALL CLAIMS:**

In consideration of the permission granted to our child to participate in the activities of the Thunderbird Dance Camp, we release and discharge Peggy Schlegel and Betsy Schott DBA Thunderbird Camp, and it's employees and officers, from all claims which the undersigned and our child have or may have for claims of any nature including, but not limited to , personal injuries or property damage caused by or arising out of any activity or involvement that my child may have with Thunderbird Camp, Peggy Schlegel, Betsy Schott, it's employees or officers.

We give our permission for any health care provider to administer the necessary aid immediately to our child (name) \_\_\_\_\_

Should he/she become injured or sick in any way during the dates of (date of camp) \_\_\_\_\_ and do so without having to wait until we are contacted.

I, the undersigned, have read this release and understand all of its terms. I execute it voluntarily and with full knowledge of its significance.

**Parents/Guardians Signature** \_\_\_\_\_

**Student Signature** \_\_\_\_\_

By signing below I give Thunderbird Dance Camp permission to post my child's photo on the website [www.thunderbirddancecamp.com](http://www.thunderbirddancecamp.com)

Student name \_\_\_\_\_

Parent Signature \_\_\_\_\_

## THUNDERBIRD DANCE CAMP

Dear Dancer,

Thunderbird Dance Camp is excited that you will be joining us this summer at the University of Portland. Our themes this year are "Dance Out Loud" and "Respect... Give it... Get it... Got it... Good!" Using these ideas the staff has developed a week of classes and activities that will prepare you for your year on the Dance Team. We know that you will find the classes and activities challenging, exciting and beneficial to your team and your individual needs and goals.

The information below will help you plan and pack! Read it carefully and call if you have any questions. Our staff is anxious to work with and for you, so get started now! Build up your endurance, stretch out your body, and pack up your dance bag! Then, as you look forward to dancing, laughing and working with dance team members from all over the Northwest, as you "Dance Out Loud" we invite you to join us, the staff and "Put Your Heart In It" at Thunderbird Dance Camp!

See you soon!!  
Peggy and Betsy

Below you will find:  
Information sheet / What to Pack  
Camp Guidelines / Award sheet  
Schedule

## INFORMATION SHEET

**BALANCE OF PAYMENT:** Due upon arrival at camp or prior to camp dates

Mail to: 38911 NW Harrison

Banks, Or 97106

**CANCELLATIONS:** Your advance payment - less the \$25 registration fee will be refunded if written notification is received by June 25th.

**REGISTRATION:** Time: 8:30 - noon - PLEASE REGISTER WITH YOUR ROOMMATE

Place: Chiles Center

Procedure: Leave luggage in car - dorm assignments made from CC

Line up with Roommate

Have: Balance of payment

Registration/Medical Release Form

\$5 refundable key deposit per camper- (\$45 lost key fee)

**MEALS:** First Day - Dinner is your first meal - Lunch is not provided in camp tuition

Final Day - Lunch is your last meal on the final day

**FIRST AID:** Emergency first aid is provided by the University of Portland Security. There will be a trainer to tape or wrap - Please bring your own tape and supplies. Aspirin is not provided by Thunderbird Camps.

**PHONE CALLS:** Campus Switchboard: 943-7911

Mehling Dorm - 943-8996 Villa Dorm - 943-8994

Security - Day: 943-7161 Night: 943-7133

**CAMP PICTURES:** Camp Pictures will be taken on the first day of camp from 9:30-12:30.

Location: Front of Chiles Center

Photos by NW Sports Photography - information will be sent to your coach.

**SHOWCASE VIDEO/DVD** - order forms available at camp store or on line at [www.thunderbirddancecamp.com](http://www.thunderbirddancecamp.com)

**CAMP STORE:** T- Shirts - \$15 Back Packs - \$12

Sweatshirts - \$30 Neck Strap Key Ring - \$5

Shorts - \$15 Hair Ribbon - \$1/yd

Tank Tops - \$15

**CHECK OUT:** Final Day - Rooms must be cleared by 1:00 pm. Please pack belongings and clean room during lunch. Coaches will check you out of your room. Store luggage in dorm lobby.

Turn in key and you will receive your \$5 deposit. Please have parents pick you up by 4:00 pm on the final day.

**DIRECTIONS:** From I-5 N or S - Take the Portland Blvd. Exit - Go West on Portland Blvd. until you have to turn - Turn right onto Willamette Blvd. Follow Willamette Blvd. to entrance of University on your left - Turn left and then right into main parking lot - Chiles Center is dome at north end of lot

## WHAT TO PACK

1. Signed Medical Release Form
  2. \$5 refundable key deposit
  3. Bedding - Towels - Personal items
  4. Lunch for first day
  5. Practice clothes/Personal items
  6. Tennis shoes/jazz shoes
  7. Personal first aid supplies
  8. Warm sweats/sweatshirt
  9. Suntan lotion/glasses/hat
  10. Knee Pads - strongly suggested
  11. Tape recorder/CD player for practicing in room
  12. Notebook/pen/stamps
  13. Fan/Alarm clock
  14. Camera
  15. Spending money/change for vending machines
  16. Black dance clothes/leo/unitard/etc.
  17. 50's/60's/70's/80's clothes for character dances or other dress up garb in your closets! Poms if you have them. See website the end of June for list of character dances!
  18. Hangers/garbage bags
  19. Signs to decorate doors/masking tape
- BE SURE TO LEAVE ORIGINAL ROOM NUMBER SHOWING. GLITTER OF ANY KIND IS NOT ALLOWED!!!!
- NOTE: CREPE PAPER CANNOT BE HUNG FROM CEILINGS - IN HALLS OR IN ROOMS!
- PLEASE LEAVE VALUABLES AT HOME!!!!

## GUIDELINES

1. Students are required to stay on campus at all times.
2. Boyfriends and girlfriends are not allowed to visit.
3. Candles, incense and glitter are not allowed in the dorms.
4. The use of alcoholic beverages, tobacco or illegal substances will be cause for dismissal from camp.
5. Stay with a buddy when walking around campus. Stay in the designated areas for our camp. Leave early enough to arrive on time to the classes and activities.
6. Please respect the property at the University. If something breaks, or is broken or damaged when you arrive, please notify your coach so we can take care of the situation. Respect each others property. Do not take what is not yours.
7. Please respect the rights and privacy of the other people on campus. Keep noise levels down in the dorms and on campus.
8. Your bracelet is your ID tag and meal ticket. Please wear it at all times as campus security may ask to see it. You will not be allowed in the cafeteria or in the dorms without it!!
9. Leave valuables at home. Thunderbird Camps and the University of Portland cannot be responsible for lost or stolen articles. Please mark your belongings.
10. Aspirin will not be distributed by Thunderbird Camps.
11. If you are taking medication please note at time of registration.
12. Please keep track of your room key. There is a \$45 lost key fee.
13. Do your best not to lock yourself out of your room. You will be charged a fee each time the staff needs to unlock your room.
14. Dorms will be locked from the outside at 10:30 pm. Please be inside by 10:15. Stairwells will be locked at 11:00. Floors must be quiet by 11:30 pm.
15. Do not lean out of windows or sit in window ledges. Please leave the screens on the windows. There is a \$100 screen damage fee that will be assessed to your school if you damage or lose a screen.
16. If you decorate your halls or doors please clean them before you leave. Use only masking tape and items that will not leave permanent marks. Fire laws prohibit hanging crepe paper or tinsel from the ceilings. The original room number must be visible if you decorate your doors! No Glitter please!
17. Bring quarters for the pop machines!
18. Shoes must be worn at all times. Sports bras need to be worn with a shirt.
19. Please have a change of shoes when dancing in the Chiles Center.
20. Students are required to attend all classes. If you are ill check with your coach.
21. Please bus your own tables in the cafeteria. You may have as much as you like to eat and drink in the cafeteria but we are asked not to take food or beverages out. Please leave your water bottles on the ledge outside the dining room... There will be ice water you can fill them with outside.
22. Please do not chew gum during class.

## AWARDS

### PRECISION FUNK/LYRICAL/CONTEMPORARY/HIP HOP CLASSES

Hats are awarded daily in these classes to the student who demonstrates outstanding:

Technique

Precision

Showmanship

If you receive a hat in this class you will be asked to take it back to the room - decorate it with some team or camp mementos and return it the next day. At the end of camp - one student in each class will get the hat to keep. Daily hat winners will receive a trophy.

Trophies will also be awarded after the performance on the last day of camp. Ribbons are awarded daily in this class. Students may receive more than one ribbon in a class.

### JAZZ CLASSES

Jazz Award Ribbons and Jazz T-shirts will be awarded daily in this class. Trophies and blue ribbons are awarded in this class on the last day based on effort, skill, or improvement. The teachers will explain their criteria to you in class.

### CHARACTER ROUTINES

These classes are evaluated daily and ribbons are awarded daily to students demonstrating outstanding effort, improvement and showmanship. At the final showcase of these routines on the third night, trophies will be presented in these classes.

### TECHNIQUE CLASSES

Dance Team buttons will be awarded daily in these classes.

### ALL STAR KICKLINE

The All Star Kick-Line is selected on the final morning of camp based on the performance of the All-Camp Kick Routine. Dancers are evaluated on accuracy, technique, showmanship, and style. There will be an All Star Kick-Line in the Beg, Int. and Adv. groups. There is no limit to the number of students who may be selected. Ribbons will be awarded to those selected.

### DRILL DOWN

Drill Down classes will take place during the week. Drill Down will be done in levels - Beg. Int. Adv.

The Final Drill Down competition will take place at the Character Dance Showcase.

### ALL STAR TEAM

Dancers will be selected to the Thunderbird All Star Team by the Camp Directors and Staff based on an outstanding display of ability, effort, and attitude. From this group the camp directors will select a Miss or Mr. Thunderbird.

# CONDENSED SCHEDULE

## DAY ONE

8:30 REGISTRATION - CHILES CENTER  
9:30 TEAM PICTURES - CHILES CENTER  
12:15 CAPTAINS AND COACHES MEET IN CHILES CENTER  
1:00 SESSION ONE/ALL DANCERS MEET IN CHILES CENTER  
5:40 DINNER IN COMMONS  
7:00 DRILL DOWN CLASSES  
7:45 CAMP DANCE  
8:15 TEAM MOTIVATION SESSION  
PRACTICE TIME  
10:00 DORM LOCKED  
11:30 LIGHTS OUT - QUIET PLEASE!

## DAY TWO

6:30 RISE AND SHINE  
7:00 BREAKFAST IN COMMONS  
8:15 CLASSES BEGIN IN CHILES CENTER  
HAND ROUTINE / STRETCH THAT BODY  
8:45 BREAK TO CLASS ONE AND TWO  
11:45 TECHNIQUE - SESSION ONE  
12:15 LUNCH IN COMMONS  
1:30 TECHNIQUE - SESSION TWO  
2:30 CLASSES RESUME - CAMP DANCE/ KICKS  
4:30 CHARACTER ROUTINES  
5:40 DINNER  
7:00 DRILL DOWN / CAMP DANCE  
STAFF SKIT/TEAM TIME  
PRACTICE TIME!  
10:00 DORM LOCKED  
11:00 LIGHTS OUT - QUIET PLEASE!

## DAY THREE

6:30 RISE AND SHINE  
7:00 BREAKFAST IN COMMONS  
8:15 CLASSES BEGIN IN CHILES CENTER  
8:45 BREAK TO CLASS ONE AND TWO  
11:45 TECHNIQUE - SESSION ONE  
12:15 LUNCH IN COMMONS  
1:30 TECHNIQUE - SESSION TWO  
2:30 CLASSES RESUME - CAMP DANCE/KICKS  
4:30 CHARACTER ROUTINES  
5:40 DINNER IN COMMONS  
7:30 ROUTINE SHOWCASE  
PARENTS WELCOME AND ENCOURAGED TO ATTEND! - CHILES CENTER  
10:00 DORM LOCKED -  
11:00 LIGHTS OUT- QUIET PLEASE!

## DAY FOUR

6:30 RISE AND SHINE - BEGIN PACKING AND CLEANING ROOMS  
7:00 BREAKFAST IN COMMONS  
8:15 ALL STAR KICK CONTEST  
CLASS ONE - REVIEW OF CLASS TWO  
11:30 DORM ROOMS NEED TO BE CLEANED OUT AT THIS TIME

BOX LUNCHES IN DORMS

1:30 SHOWCASE OF ROUTINES AND FINAL AWARDS

PARENTS WELCOME AND ENCOURAGED TO ATTEND! - CHILES CENTER

NOTES: CAMP STORE LOCATED IN CHILES CENTER

COMPLETE COACHES SESSION SCHEDULE AVAILABLE UPON ARRIVAL